

# Tara Gail McManaway

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M.Div., LPC/ALPS (WV), LCPC (MD), LMT (WV), (MD)

## ***Curriculum Vitae***

301 934 7897

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240 776 2013

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### *Education*

#### **Certificate of Advanced Graduate Study (2015)**

##### **Counseling and Supervision**

Johns Hopkins University School of Education

Baltimore, MD

#### **Certificate Professional Massage Training Program in Advanced Massage and Bodywork (1988) (1996)**

Baltimore School of Massage and Holistic Health Center

Baltimore, MD 21207

#### **Master of Divinity (1981)**

Counseling and Theology

Vanderbilt Divinity School

Nashville, TN

#### **Bachelor of Arts (1977)**

Philosophy and Religion

James Madison University

Harrisonburg, VA

### *Professional Licenses*

**LPC ALPS WV 715** 1988 to present

**LCPC/Supervisor MD 4997** 2013 to present

**LMT WV 0076** 1996 to present

**LMT MD M01632** 2001 to present

### *Academic/Teaching Experience*

**Professor**, Massage Therapy Program Coordinator, Division of Health Sciences, December 2003 to present. College of Southern Maryland, La Plata, Md.

**Adjunct Faculty, HEA and SOC Departments**, January 2002 to December 2003; College of Southern Maryland, La Plata, Md.

**Part-time Officer of Instruction**, Bachelor of Organizational and Leadership Development (BOLD), August 1997 to August 2009. Wheeling Jesuit University: Martinsburg Campus, WV.

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**Adjunct Faculty**, September 1997 to December 2000. Lord Fairfax Community College, Middletown, VA.

**Career and Educational Advisor**, November 1995 to September 1997. Lord Fairfax Community College, Project PRINT, Middletown, VA.

### *College and University Level Teaching Experience*

Adult Development and Learning	Massage I, II, III, IV-Swedish,
Applied Research Project	Deep Tissue, Myofascial and
Biomedical Ethics	Clinicals
Business Ethics	Mental Health First Aid
Client Assessment	Religion and Belief
Culture and Culture Conflict	Research Methods
Dynamics of Group and Organizational Behavior	Teacher Assistant in Massage Therapy
Ethical and Legal Considerations in Massage Therapy	Technology and Society
Externship in Massage Therapy	Trends in Massage Therapy
Holistic Approaches to Wellness	Continuing Education Courses
Introduction to Massage	Clients with Communicable Diseases
	Ethics for Body Workers

### *Conference Presentations*

#### **Inter-Professional Education Panel Presentation**

Working Together: The Roles and Goals of Inter-Professional Communication Maryland Community College Simulation User Network (MCCSUN) June 8, 2016

#### **Integrating Body Oriented Practices in Trauma Informed Care- poster session,**

International Massage Therapy Research Conference, Seattle, Washington, May 2016

[Australian Association](#) of Massage Therapists (AAMT) National Conference, May 2016.

#### **Mental Health First Aid**, Behavioral Intervention Teams Annual Conference

Montgomery College, Maryland, May, 2016

#### **Integrating Body Oriented Practices in Trauma Informed Care-poster session,**

Maryland Counselors Association Annual Conference, Annapolis, Maryland, November 2015

#### **Meeting Teacher Challenges Today and Tomorrow**, Panel member, ABMP

School Issues Forum, April 2014

Tara Gail McManaway, M.Div., L.P.C. ALPS (WV), LCPC (MD), LMT (WV), (MD)

**Full disclosure: Creating a framework for clinical supervision practice**, West Virginia Counseling Association Fall Conference 2013

**Combined Program: Teacher Training: What?? How?** Panel member, ABMP School Issues Forum, April 2013

**Everyday Ethics for Massage Practitioners**, AMTA Mid-Atlantic Conference Maryland, April 2012, September 2012

**Communicable Diseases: Implications for Massage Therapy Practice**, AMTA Mid-Atlantic Conference Maryland, April 2012, September 2012

### *Publications*

McManaway, T (2015) Sleep, Veteran, Sleep. *Massage & Fitness Magazine: Military Edition*, p 18-24, 12 September 2015

Authors, V. (2016). Oral & Poster Abstracts from the 2016 International Massage Therapy Research Conference. *International Journal of Therapeutic Massage & Bodywork: Research, Education, & Practice*, 9(2), 9-27. doi:10.3822/ijtmb.v9i2.326

### *Massage and Counseling Practice Experience*

Licensed Professional Counselor with 30+ years' private practice experience  
Multiple Disciplines/ Integrative Bodywork and Psychotherapy-Holistic Approaches  
Mind/Body Practitioner  
Massage Therapist with 26 years' experience, Licensed in WV, Maryland  
Approved Licensed Professional Supervisor for counselors in WV and Maryland

### *Leadership Positions and Awards*

Faculty Excellence Award, College of Southern Maryland, 2016  
Spearheaded Mental Health First Aid certification training program at CSM 2012  
Member Chi Sigma Iota- Counseling, Academic and Professional Honor Society  
Panel Member ABMP, Teacher Training: What?? How?, School Issues Forum 2013  
Revitalized the Faculty Wellness Committee, 2009 to present  
Mental Health First Aid Instructor Certification, 2012 to present  
Community Service Award, College of Southern Maryland May 2004  
Awarded President's Above and Beyond the Call of Duty Award, LFCC 1996  
Work Keys Trained Profiler

### *Academic Service*

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Conference Coordinator Mental Health First Aid Instructor Training 2014, 2015  
Vice President Faculty Senate, College of Southern Maryland 2012-present  
Behavior Review Team Member, CSM, 2009 to present  
Chair, Faculty Wellness Committee, CSM 2009 to present  
Chair, Massage Therapy Program Advisory Board  
Academic Standards Committee-College wide and HEA Division  
Faculty Senate Executive Board Member 2009 to present

#### *Grants Awarded*

MSDE Perkins Grant recipient (2013 – 2014), to develop and increase specific massage therapy teacher competencies for adjunct faculty by providing targeting training  
Received commendations from the granting committee for quality of the proposal.

#### *Textbook reviews for major publishers*

Ethics and Professionalism for Massage Therapists and Bodyworkers, Pearson  
Health Care Ethics Principles and Problems 4th Edition, Prentice Hall  
Therapeutic Kinesiology 1/e Pearson  
Complementary Healing Practices, Prentice Hall  
Success in Massage Therapy, Prentice Hall  
Ergonomics for Bodyworkers, Prentice Hall  
Compassionate Touch, Pearson  
Chair Massage: Specialized Techniques and Strategies for a Thriving Practice 1e Pearson  
Pearson's Review of Massage Therapy  
Talking Body, Listening Hands, A guide to the massage therapeutic relationship, Pearson  
Reflexology, Pearson

#### *Student Advising and Community College Level Experience*

Program specific advisement for massage degree programs  
Serve on Behavior Review Team  
Spearheaded Mental Health First Aid certification training program on campus  
Chair, Program Advisory Board  
Academic Standards Committee member  
Advise students/adult learners about appropriate career and educational tracks  
Served on Student Advising Task Force LFCC  
Innovated and delivered career and interpersonal skill workshops  
Facilitated occupational validations for Tech Prep  
Career and Educational Advisor, LFCC

#### *Training and workshops presented*

2015 Conference Coordinator Mental Health First Aid Instructor Training June 2015

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2014 Conference Coordinator Mental Health First Aid Instructor Training January 2014

2013 ACA WV Full disclosure: Creating a framework for clinical supervision practice

2013 Mental Health First Aid certification programs

2013 ABMP School Issues Forum panelist

2012 AMTA Mid-Atlantic Conference presentation

Everyday Ethics for Massage Practitioners

Communicable diseases: Implications for massage therapy practice

Customize curriculum for business, industry and nonprofit organizations

Certified Myers Briggs Type Inventory Trainer

Provide workshops and in-house education in communications, team-building, problem-solving, training development and retention issues

### *Education and Curriculum Development*

Curriculum Development for Massage Therapy courses

Curriculum Development for Massage Therapy Certificates

Customized Curriculum using Skill Standards for Industry

Customized Curriculum for Platform Skills

Customized Curriculum for Basic Skills

Occupational Validations for LFCC- Printing and Human Services Worker

### *Consulting*

MBTI for business, education and industry

Process Consultant/ Conflict Mediation

Team Building for business, industry and nonprofit organizations

Training Trainers

### *Program Development and Design*

Organized and budgeted grant-funded Massage Therapy Faculty Development

Developed MHEC approved Therapeutic Massage-Advanced Certificate and Therapeutic Massage Basic Certificate

Generated Occupational Validations for Lord Fairfax; Human Service Worker, Printing

Research, Identify, Design and Implement Solutions, Project Print Demonstration Grant

Developed Workplace Education Programs LFCC

### *Computer Skills*

Proficient in Microsoft, Lotus Office Products, E-mail and Internet

Proficient in Presentation Software

Proficient in Adobe Presenter, Voice Thread

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Proficient in D2L, BlackBoard and WebCt online LMS course development

### *Detailed Employment History*

**Professor, Division of Health Sciences, December 2003 to present. College of Southern Maryland.** Program Coordinator, Massage Therapy Program; advise students, develop curricula, design BlackBoard /WebCT/D2L web courses for the massage program, and Division of Health Sciences. Instruct students from age 17 to 77 in all courses in the program using a variety of methods and multi-media technology; develop assessment tools, document outcomes assessment; responsible for the development of the philosophy, mission, and handbook for massage program. Hire, mentor, and supervise faculty, provide development and supervision to faculty and graduates, offer training to the college community, serve on Behavior Review Team, Academic Standards college wide committee and for HEA Division. Serve on Faculty Senate Executive Board -currently Vice President Faculty Senate, Chair- Faculty Wellness Committee and Massage Program Advisory Board. Received MHEC approval for basic and advanced training Certificates in Therapeutic Massage. Spearheaded Mental Health First Aid training on campus and created Mental Health First Aid credit course, coordinated MHFA Instructor training conference. Review textbooks for major publishing companies.

**Part-time Officer of Instruction, Bachelor of Organizational and Leadership Development (BOLD), August 1997 to August 2009. Wheeling Jesuit University: Martinsburg Campus, Wheeling, WV.** Instruct adult learners using a variety of methods in a cohort Bachelors in Organizational Leadership and Development (BOLD), assist in program coordination, develop assessment tools and use multi-media technology, Instructor for Research Methods, Applied Research Project; Group Dynamics and Organizational Behavior, Culture and Culture Conflict, Religion and Belief, Adult Development and Learning; Business Ethics, coordinate and advise students.

**Adjunct Faculty, January 2002 to December 2003; College of Southern Maryland,** Contractual employee to develop courses and curricula in the massage program, instruct adult learners using a variety of methods, assist in program coordination, develop assessment tools and use multi-media technology, provide input for the philosophy of program, mission and handbook. Designed and instructed courses including Introduction to Massage, Massage II and Massage III, Ethics and Legal Considerations, Client Assessment, Holistic Approaches to Wellness, Massage I, Trends in Massage, Massage IV, developed online massage therapy and ethics courses using WebCT, assisted in faculty selection and development, taught Technology and Society for the Psychology department.

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**Adjunct Faculty**, September 1997 to December 2000. **Lord Fairfax Community College**, Middletown, VA. Innovated and instructed career, interpersonal skill and MBTI courses. Facilitated occupational validations for Tech Prep in Printing and Child Care services, Customized Curriculum for Basic Skills; Platform Skills using Skill Standards for Industry; Customize curriculum for business, industry and nonprofit organizations using *Work Keys as a Trained Profiler*. Provide workshops and in-house on site education in communications, team-building, problem-solving, training development and retention issues.

**Career and Educational Advisor**, November 1995 to September 1997. Lord Fairfax Community College, Project PRINT, Middletown, VA. Served as instructor, academic advisor, and community college/business liaison partnered with three printing industries in a literacy demonstration grant with LFCC. Developed curricula, taught classes in communications skills, career and educational success, learning styles as well as soft and platform skills using a variety of methods; developed assessment tools; used and taught multi-media technology; balanced grant requirements with industry needs; used GATF competencies to develop industry specific curriculum. Member of LFCC Student Advising Task Force. Developed IEP's, advised employees/students regarding their careers and educational advancement; provided testing, tutoring, Earned Level 1 Technology Certificate.

**Private Practice/Counseling and Integrative Healing Modalities -Owner**, June 1988 to July 2003. *Berkeley Springs Wellness Center*, 252 Independence Street, Berkeley Springs, WV. Responsible for the day to day operation of a Holistic Counseling and Wellness Services as owner, Director, ALPS, Licensed Professional Counselor (WV #715), Massage Therapist, Licensed in WV (0076), Licensed in MD (MD#1978/03691), providing body work, psychotherapy, and counseling supervisor services utilizing Multiple Disciplines: Integrative Bodywork and Psychotherapy; Holistic Healing Modalities; Movement Therapy; Conflict Mediation. Consultant and trainer in area schools and businesses; Myers Briggs Certified Trainer, Process consultant, Provide workshops and in-house education in communications, team-building, problem-solving, training development and retention issues

**Counselor and Director**, November 1983 to June 1990. Morgan County Counseling Services, Berkeley Springs WV. Responsible for the day to day operation of a rural non-profit satellite Counseling Service as Director, and lead Counselor; providing marriage, family and individual counseling and supervisor services utilizing Multiple Disciplines and Conflict Mediation. Working with a Board of Directors, grew the practice from one client to a part-time practice; Consultant and trainer in area schools. Myers Briggs Certified Trainer.

**Presbyterian Minister**, November 1982 to June 1988 **Tomahawk and Hedgesville Presbyterian Churches**, WV

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**Counselor/Caseworker, May 1980 to October 1982 Oasis/Rap House/ E. S. Incorporated, Nashville, TN**